



परमाणु ऊर्जा शिक्षण संस्था
Atomic Energy Education Society
उत्तर कुंजी / Answer Key (2026-27)

कक्षा /Class: IV विषय /Subject: TWAU माह/ Month: August अंक/Marks: 40
दिया गया पाठ्यक्रम/Portion covered: Lesson 4 & 5

1. Fill in the blanks

- a) Three
- b) Sunlight
- c) ShadRasa
- d) Palash
- e) Karnataka
- f) Nature
- g) Chef
- h) Bodybuilding
- i) Nature
- j) Honey

2. True or false

- a) True
- b) True
- c) False
- d) True
- e) True
- f) False
- g) False
- h) True
- i) False
- j) False

3. Give reason

- a) Sacred groves are small patches of forests protected by local communities. They help preserve trees and wildlife and are important places for worship and celebrating nature.
- b) Water helps in digestion, removes waste from the body and keeps us healthy.

c) The foods that help us grow, build muscles and become strong. Examples: milk, eggs, fish, pulses.

d) Junk food contains too much oil, salt, and sugar. It is unhealthy if eaten regularly.

4. Answer the following questions.

- a) We need to eat different kinds of food because no single food contains all the nutrients our body needs. Different foods help us stay healthy, energetic, and strong.
- b) Neem leaves protect stored grains from insects and pests.
- c) We should check food labels to know the expiry date and ingredients before buying or eating packaged food.
- d) A solar cooker uses sunlight to cook food. It does not produce smoke or ash and helps protect the environment.

5. Write difference between (2×1=2)

Junk food	Healthy food
Contains too much oil, salt, and sugar.	Contains nutrients needed for good health.
Examples: Pizza, chips, burgers.	Examples: Fruits, vegetables, milk.

6. Give an example of the ingredients or food items that match each of the Tastes listed below?

TASTE	EXAMPLE	
Sweet	Jaggery	Honey
Sour	Tamarind	Lemon
Salty	Salt	Pickle
Pungent	Green chilli	Ginger
Bitter	Neem	Bitter gourd
Astringent	Raw mango	Guava

8. Name any two.

- a. Tulsi, Ajwain

- b. Watermelon, cucumber
- c. Jowar, bajra
- d. Vat Purnima, Hari jiroti
- e. Fruit chaat, vegetable salad
- f. Baking, steaming
- g. Clay, hay
- h. Rice, wheat
- i. Milk, egg
- j. Plant trees, reduce paper waste

9. Match the following

- a. 4
- b. 5
- c. 6
- d. 1
- e. 3
- f. 2

10. Circle the odd one

- a. Spinach
- b. Chips
- c. Burger
- d. Apple

11 States should be correctly located. Refer to Atlas.